

### **Mull and Iona Covid 19 Testing Pathway – Final.**

- Do you think you have symptoms of Covid 19? New dry cough, fever, loss/change to taste and/or smell?
- Are you in days **1-5** of symptoms appearing? If yes, we recommend a swab test for Covid 19.
- If you are over 5 days of symptoms, please call 111 and they will assess you for the appropriate advice.
- Swabs are self administered and instructions are provided on separate information.
- To obtain a testing kit please telephone Mull hospital on 01681 300392 or the local surgery at Bunessan on 01681 700261. **Iona** residents please contact Bunessan Surgery.
- Only symptomatic people should be tested, testing non symptomatic people could lead to false results.
- On arrival at the various locations, there will be instructions on how to swab and what to do with the components of the kit.
- Once you have completed the swab and repackaged it, you need to register the swab on line – <https://www.test-for-coronavirus.service.gov.uk/register-kit>
- It is important you register the test on line or you won't receive a text message with your result. If you cannot get online please call 0300 303 2713, before collecting a kit.
- For children or anyone with dexterity issues, someone else can help with the swabbing.
- It is important you leave the swab in the solution, even if this means breaking the swab stick shorter.
- If you are on holiday please share you intention to undertake a swab with your accommodation provider before testing.
- The swab will be transferred to Mull Hospital and onward to Oban via courier on Tuesday, Wednesday and Friday, on other day's taxis, voluntary transport or Hospital Porters would be used. Please hand the completed test back to your surgery or directly to the hospital.

**For Iona:** There are two public boxes near the pier, one for patient collection and one for return and then collection. These are in the bunker by the toilets. There is sanitiser at the toilet entrance and one inside the bunker.

- Ideally someone should arrange to collect the kit for the symptomatic person and return it to your home where you can self swab, to prevent a symptomatic person attending the collection box. If possible someone should drop off the completed test for the symptomatic person.
- All swabs are then taken to Glasgow Lab by NHS Transport or eCourier. The lab will contact you 24-48hrs after they receive it with a result.
- In the meantime you and all members of your household should remain self isolating in your home/holiday home. The person who has had the swab taken should isolate for a total of 10 days from the onset of symptoms and should isolate further if possible, from other household members. Other household residents should isolate for 14 days from the onset of your symptoms.

- If you require support with shopping/accommodation or supplies please contact 01546 605524
- If the swab is **negative**, there is no need to self isolate further. If you are on holiday we would request you share the result with your accommodation provider. If the swab is positive then the GP may contact you to discuss, as will Test and Protect to instigate contact tracing.
- If you still feel unwell please look at <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19> N.B. Please do not follow testing links or national assistance numbers, please use local links provided above.
- If the result is **positive** then the positive person should isolate for the remainder of 10 days and the family /party members for the remainder of 14 days.
- Please do not consider leaving the island by Calmac ferry. This would risk spreading the virus to other travellers and crew and is against CalMac conditions of carriage. If your condition deteriorates, Scottish Ambulance Service can transfer you off the island via ambulance or NHS vehicle.
- If you feel more unwell during the isolation period then please consult 111 who will assess you according to your clinical symptoms.
- **Iona** - If you identify after 3pm on a Friday (when the surgery closes) that you are in day 0 or day 1 of your symptoms, 1-2 tests are left in the box over the weekend so please collect. Please arrange to collect a test first thing Monday morning if these are already taken or you are happy to wait. This will still be in the 5 day symptom window for testing. Once completed the test will reach the lab within the 72hr window for viable tests and you should continue to follow all advice on self isolating in the meantime. If you will be outwith the symptom window by Monday, please contact Mull hospital on 01681 300392 for a test kit or if you are unwell please dial 111 for clinical advice.
- Once completed **you** should then telephone Bunessan surgery on 01681 700261 who will arrange for collection of the kit and onward transmission.
- Bunessan Surgery/Mull Hospital should notify the area manager of the cost of the taxi/extra porter run for transporting swabs, who will notify finance.
- Hostel School children - Will be repatriated to their home island if unwell/have a positive result via NHS vehicle and escort. (See separate pathway).